

## Home Health Aid Test

NAME: \_\_\_\_\_

SCORE: \_\_\_\_\_

DATE: \_\_\_\_\_

### **MULTIPLE CHOICE: CIRCLE THE CORRECT ANSWER**

1. The Most Important reason why a greasy oven should be cleaned is:
  - a) It is unsanitary
  - b) It is a fire hazard
  - c) It may affect the flavor of the food
  
2. Why is it important for an ill person to be cared for in a clean environment?
  - a) An ill person may be weak and susceptible to infections
  - b) An ill person may become depressed in an unclean environment
  - c) Home care should be similar to hospital care
  
3. The BEST WAY to prevent serious accidents and falls in the kitchen is to:
  - a) Have carpeting installed in the kitchen
  - b) Refuse to allow clients in the kitchen
  - c) Wipe up spills and grease immediately
  
4. When preparing poultry (chicken, turkey, etc.), you can tell when it is done cooking if:
  - a) You poke it with a fork and the juices run clear
  - b) It smells good
  - c) It has a golden color on the outside
  
5. Which menu is an example of a balanced diet?
  - a) Boiled eggs, toast and coffee
  - b) Meatball, spaghetti and diet soda
  - c) Meatloaf, bread, green salad and milk
  
6. If a person has an ALLERGY to a food, it means:
  - a) They don't like the taste of it
  - b) It would make them ill or have a dangerous reaction to eating it
  - c) They like it cooked a special way
  
7. If your client can support his/her own weight but needs someone to steady them while they transfer to a wheelchair what is the most important thing to do before they attempt the transfer?
  - a) Put a blanket in the wheelchair
  - b) Lock the wheels of the wheelchair
  - c) Raise their bed

8. What does the Home Health Aid need to do before assisting a client to walk about the house?
  - a) Ask the client how long he/she wants to walk
  - b) Tell the client to take long, slow steps
  - c) Check that the client has shoes on and that they are stable on their feet
  
9. If a client has a hospital bed why is it important to keep the bed rails up while they are in bed?
  - a) So that they don't get up and wander through the house
  - b) So that they do not fall out of the bed
  - c) So they can sit up easier
  
10. If a LIFE-THREATENING emergency occurs in the home, the FIRST call should be made to:
  - a) 911
  - b) The family
  - c) The Agency
  
11. If the electricity goes out in the home, the Home Health Aid should first call:
  - a) Check to be sure the client is secure
  - b) Call the electric company
  - c) Go to the neighbor's house
  
12. When it is time to help with the clients bath/shower, you should FIRST:
  - a) Feed them a meal
  - b) Have them brush their teeth
  - c) Prepare the area and the client
  
13. If a Home Health Aid is going to be late for work or unable to work, they should:
  - a) Ask another staff member to substitute
  - b) Notify the agency as soon as possible
  - c) Say nothing but get to work as soon as possible or don't go
  
14. If your client is confused and upset, it is MOST important to:
  - a) Reassure them and speak in a calm, comforting way to them
  - b) Not take what they say personally
  - c) Leave them alone
  
15. A good communication technique a Home Health Aid can use when dealing with an elderly person is:
  - a) Interrupt them if they are overly talkative
  - b) Encourage them to describe their feelings and ideas
  - c) Correct the client whenever you disagree with them

**TRUE OR FALSE: CIRCLE THE CORRECT ANSWER**

- T**    **F**        1. There is a telephone in the client's home so that the Home Health Aid can keep in touch with their friends and family.
- T**    **F**        2. Before washing the laundry, items should be separated according to fabric type and color.

- T F** 3. A person on a KOSHER diet can eat bacon and other pork products.
- T F** 4. It is the responsibility of the Home Health Aid to perform light housekeeping daily. This would include the client's bedroom, bathroom, and kitchen.
- T F** 5. The Home Health Aid should be aware of the amount of food and liquid their client consumes daily.
- T F** 6. The Home Health Aid can take a client to the store in their personal vehicle whenever they want to.
- T F** 7. The Home Health Aid can bring their children to work if they do not have a baby sister.
- T F** 8. It is the responsibility of the client to clock the aid in and out for work.

WHAT DO YOU LIKE MOST ABOUT BEING A HOME HEALTH AID?

WHAT IS THE MOST DIFFICULT THING ABOUT BEING A HOME HEALTH AID?

WHAT WOULD YOU SAY IS ONE OF YOUR BEST QUALITIES?