



## A WATCHFUL EYE HOMECARE AGENCY, LLC.

### SKILLS CHECKLIST FOR LPN/PCA/CNA

Name: \_\_\_\_\_ Position: \_\_\_\_\_ Date: \_\_\_\_\_

Personal Care Skills Lists	Skilled [Check with X]	Unskilled [Check with X]
<b>Personal Hygiene:</b>		
▪ Sponge Bath (including bed bath)		
▪ Shower Bath		
▪ Tub Bath		
▪ Applying Lotion		
▪ Dressing & Changing Clothes		
<b>Oral Hygiene:</b>		
<b>Hair Care:</b>		
▪ Dry Shampoo		
▪ Wet Shampoo		
<b>Skin Care:</b>		
<b>Nail Care:</b>		
▪ Clip and Clean		
▪ Diabetic Referral		
<b>Toileting:</b>		
▪ Use of Bed Pan		
▪ Urinal		
▪ Applying Briefs		
▪ Movement to/from bathroom		
<b>Feeding:</b>		
▪ Oral		
▪ Tube		
▪ Meal Preparation		
<b>Mobility &amp; Transfers:</b>		
▪ Positioning/Transferring		
▪ Lifting (including the use of Hoyer Lift)		
▪ Range of Motion (ROM) Exercises		
▪ Crutches		
▪ Cane		
▪ Walker		
<b>Temperature:</b>		
▪ Oral		
▪ Axillary		
▪ Rectal		
<b>Pulse:</b>		
▪ Radial		
▪ Apical		
<b>Medication:</b>		
▪ Administration		
▪ Reminder		
▪ MAR documentation		



**A WATCHFUL EYE HOME HEALTHCARE, LLC.**  
**SKILLS CHECKLIST FOR LPN/PCA/CNA**

<b>Personal Care Skills Lists</b>	<b>Skilled [Check with X]</b>	<b>Unskilled [Check with X]</b>
<b>General Nursing:</b>		
▪ Orient Patients		
▪ Vital Sign Monitoring		
▪ Urine Dipstick		
▪ Blood Glucose Monitoring		
▪ Wound Care & Dressing Changes		
▪ Ostomy Care		
<b>Light Housekeeping:</b>		
▪ Laundry		
▪ Home management		
▪ Bed Making		
<b>Pain Management:</b>		
▪ Turning and Repositioning		
▪ Backrub		
<b>Comfort Management:</b>		
▪ Showing Empathy		
▪ Listening to Client		
<b>Shopping &amp; errands</b>		
<b>Documentation</b>		
<b>Report Writing</b>		

This is a self-evaluation for assessing your experience and demonstrations of skills in specific clinical areas. The information I have given is true and accurate to the best of my knowledge.

\_\_\_\_\_  
**Signature of Personal Care Aide**

\_\_\_\_\_  
**Certifications**

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Name of Reviewing Officer**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**Date**