



# A Watchful Eye Homecare, LLC

## PERSONAL CARE JOB DESCRIPTION

Personal care Aide assists in providing nursing care by performing unskilled nursing tasks as defined in the patient's care plan. They help elderly; disabled and ill persons live in their own homes or in residential care facilities instead of in a health facility. Aides shall be evaluated by the RN to check whether they are able to understand and carry out the personal care services specified in the Plan of personal care developed by the RN and whether they are physically able to perform the required duties. Based on the registered nurse's assessment, a level of care (skilled nurse, certified nursing assistant or non-skilled aide) will be assigned to the case.

### **Job description of Home Health Care Aides will include:**

- Physically assist clients move independently and from bed.
- Assist in bathing, dressing, and personal grooming of client. They clean the house, do laundry, and change bed linens.
- Assist in toileting, or just listen to clients talk about their problems.
- Plan meals (including special diets), shop for food, cook and assist in hand-feeding a client who is incapable of self-feeding.
- Performing light housekeeping duties, such as cleaning and laundry
- Running errands, such as grocery shopping and picking up prescriptions
- Providing companionship and emotional support to clients
- Always maintain safety and accompany clients outside the home, serving as a guide and companion.
- Cooperate with other healthcare professionals, including RN's, therapists, and other medical staff.
- Keep records of services performed and organized care notes of the determination or improvement of a client.
- Be always professional and courteous by reporting changes in the client's condition to the supervisor.

### **Qualifications of a Home Health Aide:**

1. Shall be at least 18 years old, not the patient's spouse but may be another relative.
2. Shall be acceptable to the patient.
3. Shall be able to speak, read, write, and follow directions in English.
4. Must have experience in caring for the elderly or the population to be served.
5. Must successfully pass a criminal background check and satisfied the Cardiopulmonary resuscitation [CPR] and Basic First Aid requirements
6. Shall have a sincere interest in people and be able to maintain good interpersonal relationships with them.
7. May not be cited on the Maryland Geriatric Nursing Assistants Registry or any other registries with a determination of abuse, misappropriation of resident property, or neglect.
8. Must satisfy the following health requirements:
  - Annual TB testing - submit a recent copy of TB results.
  - Offering of the Hepatitis B vaccine (signed letter of acceptance/declination must be on file).
  - Free from communicable diseases.
  - Be well groomed and presentable.
  - To always maintain excellent oral hygiene.